



Little Sisters of the Poor

Thank You

REPORT TO DONORS 2015

LITTLE SISTERS *'It feels like home'* CAMPAIGN

A message from *Sister Angela*

"The elderly are the treasures of our society".

Dear Friends

Enclosed is our first Report to Donors on the progress of our 'It feels like home' Campaign.

Thank you, our benefactors, for your generosity for the Little Sisters of the Poor and our Residents. We have made an excellent beginning to our Campaign and, with God's Grace; we will be successful in raising the funds we need to build our independent living units.

Your support is truly inspiring and your faith in our continued work to provide a Home to our disadvantaged elderly where they are respected, nurtured, loved and valued is sincerely appreciated.

2015 has been a very rewarding year for St. Joseph's Home and I would like to take this opportunity to share some of the highlights.

Refurbishment of St. Joseph's

After almost three years the final stage of the refurbishment of St. Joseph's is nearing completion. The renovations of Marian Wing 1 were finished at Easter time this year. This included 8 refurbished Residents' rooms, nurses' station and education room, and new staff facilities. After Easter, the refurbishment of the remaining section of Marian Wing 2 commenced. This involved a fair amount of organisation on the part of staff, Residents and families, with patient and understanding collaboration on the part of all so as to ensure a smooth and safe working environment throughout the refurbishment.

And so we look forward with joy to the completion of the refurbishment so that the Residents can enjoy Christmas in their new surroundings. Early in the New Year, to begin constructing the road which will lead from St. Joseph's to Hartington Road and so will facilitate the construction work of the independent living units.

Respect for Life

- The Parliament of Victoria, Legislative Council of Victoria's Standing Committee on Legal and Social Issues, conducted an inquiry into the End of Life Choices. The Little Sisters completed a public submission into the Committee's inquiry and will be published on the Committee's website during the course of the Inquiry. It can be found at: <http://bit.ly/1NN7plw>
- The Life Marriage and Family Office of the Catholic Archdiocese of Melbourne produced a publication "BE NOT AFRAID, THE GIFT OF PALLIATIVE CARE". Along with experts in medicine, law and Catholic teaching I was invited to contribute to this publication and to the video. The video can be viewed at: www.cam.org.au/lifemarriagefamily

Accreditation

The highlight of the year was the successful accreditation for three years of the Home in June. Three auditors attended St. Joseph's to perform the auditing process. We passed all standards with encouragement expressed by the auditors. In Australia, residential aged care homes are required to be accredited by the Australian Aged Care Quality Agency every 3 years to receive Australian Government subsidies, and each home is assessed on how it performs against a set of legislated Accreditation Standards. This involves periodic full audits, as well as unannounced visits to monitor continuing compliance with standards. The assessors review documented procedures, observe the practices at the home, and they look at resident records and other documents held by the home such as staff rosters, incident reports, care plans and complaints registers. They also talk with residents to receive their feedback about their satisfaction with the care and services being provided by the home.

National Aged Care Quality Indicator Programme

St. Joseph's Home was able to participate in the 'National Aged Care Quality Indicator Programme'. This pilot project was aiming to collect objective data on Victorian residential aged care facilities, (VRACF) auditing in three main clinical areas: wound management, physical and chemical restraint and weight loss. The project commenced in June and was completed in September. The final report was issued to all residential aged care facilities that participated. The evidence in the report indicated that St. Joseph's Home is performing within or better than the VRACF benchmark of reference for the three clinical indicators studied.

We will keep you informed as to the progress of the Campaign and project for the Units, and hope that we will have some good news in our next report.

Be assured of our daily prayer for you and for your loved ones.

May God bless you; with renewed gratitude and best wishes.



Sister Angela, Mother Superior of the Melbourne Little Sisters of the Poor

**Sister Angela
Mother Superior
Little Sisters of the Poor Melbourne Community**

An update from *Mother Ann*



Mother Ann, Mother Provincial, Oceania Province

Dear Friends

Every six years the General Chapter of the Little Sisters of the Poor Congregation takes place. It is a global reunion, with Little Sisters from the 20 Provinces throughout the world attending to participate in the Government of the Congregation. In September 2015, 70 delegates arrived at La Tour, the Mother House in Brittany France, to attend this important event. Its principal work is the election of the Mother General and her Council. A new Mother General was chosen along with her 6 assistants. Originally from Spain, Mother Maria del Monte Auxiliadora will guide the Congregation for the next 6 years, assisted by her 6 General Council members, who come from America, France, Sri Lanka, Chile and Scotland.

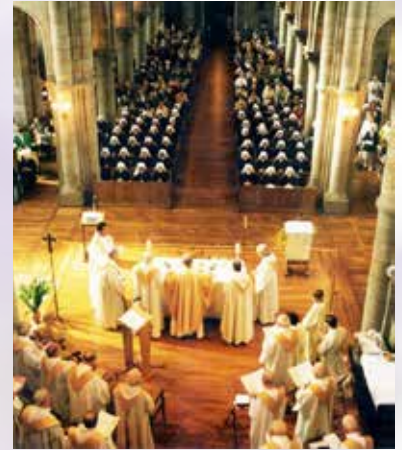
The message of our Holy Father Francis for the Year of Consecrated Life helped us during the weeks of work of the General Chapter. With the help of Our Lady and our Mother St Jeanne Jugan, we have worked with the desire to renew the fervor; the enthusiasm and the joy of the Congregation in order to live better our vocation and embracing the future with hope.

From the reports presented at the General Chapter there are some key figures of interest to share. The Little Sisters of the Poor currently have 185 Homes across the globe with 1,441 independent living units. We are currently caring for 13,025 Residents.

"When you spoil the elderly, you are spoiling Jesus". These are the words spoken by Pope Francis when he decided to make an unscheduled visit to the Little Sisters in Washington. Our Little Sisters were deeply moved that the Pope took the time to speak to each Little Sister. His message to the group was to support their "mission to the elderly" and "how important it is in a society that tends to marginalize the elderly and the poor". The Little Sisters in Australia are very privileged, as on previous papal visits to our country, we too have the pleasure of receiving unscheduled visits to our Home in Sydney.

God bless you.

**Mother Ann
Mother Provincial
Oceania Province**



We share the joy of the Little Sisters who have made their final commitment at Mother House, Brittany.



Pope Francis greets the Little Sisters in Washington.

*Making the elderly happy
that is what counts!*

St. Jeanne Jugan

Resident *Reflections*

After Kath Kelleher's husband passed away, she moved into St. Joseph's to be closer to her family. Having lived her whole life in Sydney, Kath had understandably mixed emotions at the thought of not only moving to a new state, but also beginning a new life in an aged care facility. She didn't really know what to expect and was not sure if she would fit in.

The last thing she imagined was that she'd find a caring family atmosphere and a kindred spirit in Evelyn Butler.

Evelyn Butler felt the same nervousness and trepidation at moving into St. Joseph's; would she be able to make friends? Would she be happy there? Would there be things for her to do?

Nearly 3 ½ years on, both ladies agree that St. Joseph's is truly a "home away from home" where they are enjoying life in a way they had not envisaged. Both women like to get involved with the happenings of the Home, getting involved in the art and creative activities at the Home. They delight in going on trips, or even helping at reception, and love looking after the Home's little dog, Spugna (named after the Italian word for sponge as he absorbs as much affection as he can from the residents)

Evelyn says, "I like to get involved in all that goes on to keep us happy and contented" and Kath agrees: "the Sisters here are wonderful to us" she says.

It is a pleasure to see the two friends enjoying each other's company; a sight which epitomises the caring and nurturing family atmosphere which the Little Sisters have created at St. Joseph's.



Clockwise from left: Evelyn and Kath enjoying a craft activity in the St. Jeanne Jugan Centre; Evelyn, Sr. Erin, Kath and Sr. Patricia at the wine and cheese night held for the Residents at St. Joseph's; Practicing their newly learnt computer skills.

Messages from our *Patrons and Supporters*



The Little Sisters of the Poor have been providing a Home in Northcote for the disadvantaged elderly of Melbourne for over 130 years. The care they provide is unique, marked by love and respect for the dignity of all. It springs from a deep well of commitment to the gospel message of love for the poor.

It is our privilege to support the Little Sisters 'It feels like home' Campaign.

The Little Sisters have a long tradition of unconditional giving to our disadvantaged elderly. Every one of us needs this commendable work to continue and to grow. We hope you will join us in supporting them in their work for the future.

**Allan Myers AO QC and Maria Myers AO
Patrons of Campaign**



Since my early childhood I've been aware of the work of the Sisters; my father was a blacksmith in St Georges Road, Northcote in the 1930s and told me stories of how he saw the Sisters each day helping the poor and the sick. Since that time, the Sisters and their work have always had a special place in my heart.

The Little Sisters of the Poor have provided remarkable dedication to their vocation. I believe so strongly in the respect and dignity they afford the very often overlooked elderly poor.

**Noel O'Brien
Major Benefactor of Campaign**



As you are no doubt aware the 22 independent living units (ILU's) which are planned to be built by the Little Sisters of the Poor adjacent to St Joseph's Aged Care in Northcote are in the final stages of planning with tenders soon to be announced. It is therefore vital that we continue in our fundraising to ensure that the units are able to be fully completed and furnished. We are most grateful to all those very generous people who have committed funds to our project already

The independent living units will be available to the poor of Melbourne, those aged persons who have no assets, and who often are in substandard rental accommodation. The importance of independent living units as a social housing option for older persons is barely recognised in policy debate about housing options for older low income people; hence it is often referred to as the forgotten social housing sector.

**Lindy Priest
Chair of Campaign
Chair, Little Sisters Melbourne Advisory Group**

Our generous *Donors 2015*

The Little Sisters of the Poor value every gift and we honour the generosity of the following donors and recognise their support to our community and vision to build 22 independent living units. (As at 30 November 2015)

Cornerstone Benefactors:

Allan Myers AO QC and Maria Myers AO
Melbourne Catholic Archbishop's
Charitable Fund
Noel and Carmel O'Brien Family
Foundation

John and Victoria Cole
Frank Costa AO and
Shirley Costa
John Costello
Lorraine Coulson
Peter Coventry
R M Coyle
M R and S A Crewes
Judith da Silva
Lee Damian
Colin Dannock
Richard D D'Cruze
Chris de Guingand
Lisa Diamond
The Diamond Family
Kimon Doufas
D M Doyle in memory of Mary D Doyle
Anthony Dwyer
Geoffrey and Pauline Eastmure
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Richard Fakhry
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Father William O'Driscoll
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Donations from Trusts and Foundations:

Beswick Family Fund
 The Kevin Bailey Charitable Trust
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 The Glendale Trust in memory of Jim and Gwen Murray of Eltham
 The Lochtenberg Foundation Pty Ltd
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 Old England Hotel, Heidelberg
 Order of Malta
 Soccio Electrical
 Staff of St. Joseph's Home for the Aged, Northcote
 St. Gerard's Parish, Dandenong North
 St. Monica's College, Epping
 Technichem Pty Ltd
 Tildabark Pty Ltd T/A Angleton's Office Supplies
 Tony Chartres and Associates
 Western Park Holdings Pty Ltd

29 Anonymous gifts

In Kind and Volunteer support:

Gill Anderson
 Apartment 61A
 Arbonne
 Arnold Bloch Leibler
 Bakers Delight
 Judy Barnes
 Beauty & the Feast
 Jude Beshears
 Bette McDowell Lingerie
 Kate Beynon/Art & Australia
 Anne Butler
 Eva Butler

Karen Butler/Art + Design
 Tom Carr
 Cavallini Artisan Bakery
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 Father Anthony Girolami, Mill Park Parish
 Royce and Myrose Gonsalves
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 Geoff Pritchard
 Fergus Ryan AO
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 Justine Sless
 Bernadette Steele
 Debbie Stephens
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 Loris Synan
 Sarah Thyssen
 Tupperware

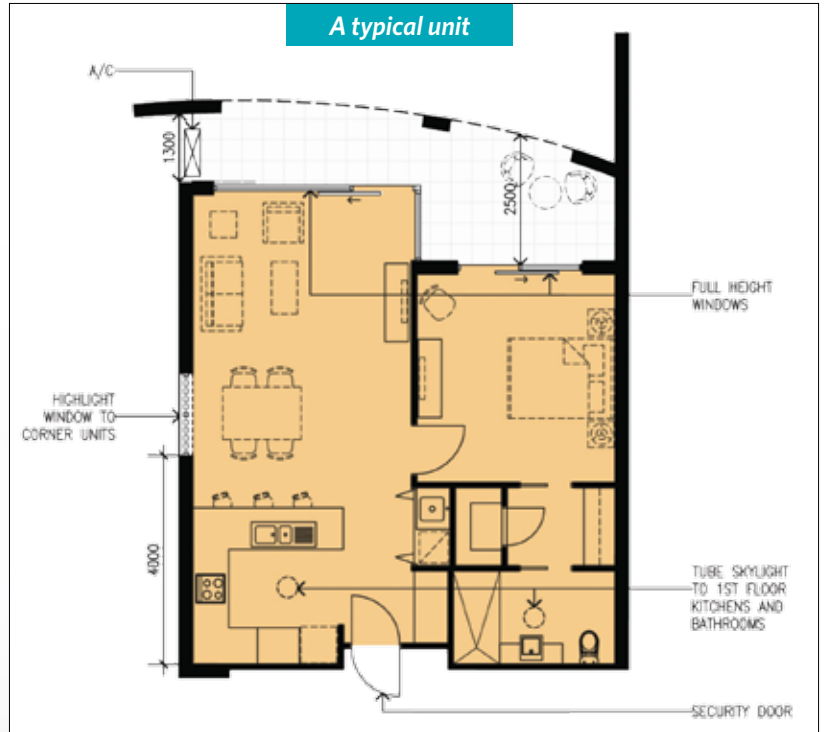
Although we have made every effort to ensure all of the information above is accurate, we do apologise if we have accidentally made any mistakes. If you notice a mistake which you would like us to change, please contact:

*Ms Julie Owens, Campaign Director:
 Email: campaign.mel@lsp.org.au Mobile: 0409 557 738*

Our funding *Needs*

Funding required for building 22 independent living units and their associated costs.

The total project cost estimate is \$7,002,000 which includes a 5% contingency allowance.



The cost estimates for the building were carried out by a quantity surveyor based on the architect’s sketch plans and elevations with cost centres for structure, finishes, joinery, kitchens and bathrooms, electrical and air-conditioning services, lift and fire protection.

Building cost estimates equate to \$6,130,000 which include:

- Construction
- Circulation areas
- Service areas
- Stairs
- External services packages including storm water drainage, sewer drainage, water and fire services, electrical mains, etc.
- Demolition works
- Earth works
- Communications packages including security, CCTV, Pay TV, MATV, data cabling, access systems, fire and smoke alarms etc.

Tax deductibility

The Little Sisters of the Poor is a certified Deductible Gift Recipient (DGR). All gifts of \$2 or more to the Little Sisters Campaign, ABN 87 121 604 608, are tax deductible for Australian tax purposes.

Particular element cost estimates include:

- Typical unit construction (x22) \$175,000 each
- Typical unit fit out (x22) \$20,000 each
- Lift installation \$100,000
- Common lounge fit out \$15,000
- Central landscaped courtyard \$60,000
- Ground floor external unit courtyards (x11) \$18,000 each
- Communications package \$175,000
- External services package \$100,000

The building cost estimates are exclusive of:

- Professional fees \$582,000 (Architect, engineers and landscaping)
- Authorities’ fees and charges \$40,000
- Furniture and furnishings to units and common areas \$250,000

Our *Community Effort*

Planning Committee

We extend a heartfelt thank you to the following individuals for providing wise counsel, valuable support and guidance in the feasibility stage of our capital appeal project, and encouraged us to move forward with our 'It feels like home' campaign.

Members

John Arthur OAM	Nick Galante (Chair)	Noel O'Brien
Tom Carr	Jenny Kelly	Julie Owens
Margaret de Silva	Gabrielle McMullen AM FRACI	Fergus Ryan AO
Christine Diamond	Lindy Priest	
Kim Downes	Brendan O'Brien	

The Little Sisters and community of St. Joseph's have been hard at work throughout the year raising funds for their much needed extension to St. Joseph's.

On 22 July 2015, Little Sisters, staff members and Residents gathered together to celebrate a milestone of the 'It feels like home' Campaign. The \$1 million sticker was unveiled on our Campaign barometer showing that over \$1million had been raised towards the costs of building our new independent living units. Each time we pass a \$500,000 milestone in gifts and pledges we will unveil another sticker until our 'barometer house' is complete. Please come and see our barometer which is situated on the wall just before you turn towards the chapel..



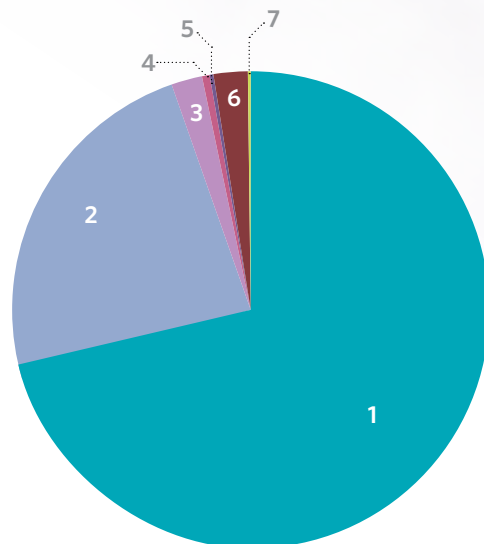
We are blessed to have the help of many staff, Residents, family members and volunteers who are helping us to reach our goal.

\$1,790,180 received from 279 gifts

As at 30 November 2015

Donations by type

1. Cornerstone Gifts	\$1,400,000
2. Public Community Gifts	\$321,445
3. Events and Raffles	\$26,769
4. St Joseph's Community	\$6,627
5. 'Give Now' Website	\$3,229
6. May Appeal	\$29,725
7. In Kind Donations	\$2,385



Our *Fundraising and Events*

Sausage Sizzle

We had a beautiful summer day in February for our sausage sizzle and cake stall.



High tea

In May, the hall at St. Joseph's was packed to the brim with friends and supporters enjoying a variety of savoury treats, sweet temptations and superb entertainment at our High Tea.

June Luncheon

On 4 June our Campaign Patrons, Mr and Mrs Allan and Maria Myers, hosted a Campaign lunch with His Grace Archbishop Hart at St. Joseph's. Our lunch was attended by many high profile, Melbourne philanthropists who were introduced to the good work of the Little Sisters and the importance of our Campaign.



From left: Julie Owens, Campaign Director; Adrian Klep, Director, Finance and Operations, Catholic Archdiocese of Melbourne; Lindy Priest, Chair of Campaign; Sister Winefred; Maria Myers, Patron of Campaign.



Mr Peter Gunn, Archbishop Hart and Mrs Judy Ryan enjoying a conversation.

Fundraising Dinner

In July over 200 people gathered at St. Francis of Assisi Parish in Mill Park to dance the night away, enjoy each others' company and eat a delicious Indian dinner.



Staff Casual Dress Day

St. Joseph's staff members have been running monthly dress up days for a gold coin donation which not only raises money for our Campaign, it also put smiles on the Residents', staff and Sisters' faces.



Family Fundraiser Lunch

The community of St. Gerard's Parish in Dandenong North held an entertaining and fun filled afternoon in November.





LITTLE SISTERS *'It feels like home'* CAMPAIGN

Thank you

On behalf of the Little Sisters, Residents and their families, thank you for your most generous support. We see our benefactors as instruments of God's Providence enabling us to provide the quality of hospitality that the elderly deserve. We pray daily for all those who share our mission in this way.

For further information to continue your support, please contact:

Ms Julie Owens
Phone: 03 9926 5723
Mobile: 0409 557 738
Email: campaign.mel@lsp.org.au

Bequests

Including the Little Sisters of the Poor in your Will is a way of providing enduring support for their community and Residents beyond your lifetime. If you have included the Little Sisters in your Will, intend to do so or would like information on doing so, please contact Julie Owens using the contact details above so your support can be acknowledged and recognised during your lifetime.



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